

## Banana Treats

1-1/2 cups mashed ripe bananas

1 teaspoon cinnamon

3 cups oats

1/2 cup chopped peanuts (or almonds or walnuts)

1/4 cup applesauce

Combine all ingredients and stir thoroughly. Drop by small spoonfuls onto an ungreased baking sheet. Press flat with a fork. Bake at 350 degrees for 15 minutes. Cool on a wire rack. Store in airtight containers. Makes about 20.