

Birdie Thanksgiving Dinner

1 small nuked sweet potato or 1 large jar baby food sweet potato
1 cup frozen corn
1 cup frozen peas
1/2 cup chopped walnuts
1 hard-boiled egg
1 cup chopped cooked turkey

Mix all ingredients together and warm in microwave for approximately two minutes.

Ingredients that are to be used in your own Thanksgiving meal can be used, such as substituting or adding broccoli, squash, etc. Just be sure to set aside a small amount before you add all the salt, sugar or other seasonings. Appropriate seasonings like garlic and/or cinnamon may be added. Pieces of leftover cooked rolls or cornbread could also be added.